

# Curriculum Intent, Implementation, Impact

## Subject: PAIL Life – R.S.E. (Relationships and Sex Education) in the Sixth Form

Intent (Curriculum design, coverage and appropriateness)	Implementation (Curriculum delivery, teaching and assessment)	Impact (Attainment and progress, destinations)
<p>As part of the PAIL curriculum, RSE is seen as a crucial part of the journey of preparing our pupils for adult, independent life. It is taught as a discrete subject in the Sixth Form.</p> <p>We recognise not only the high importance of teaching and assisting our pupils to understand, recognise and form healthy friendships and relationships, but also the vulnerability that our learners have in the community when it comes to matters of sexual activity and the possibility of being exploited.</p> <p>High quality RSE helps create safe school communities where pupils can grow, learn, and develop positive, healthy behaviour for life. It can have a positive impact on pupils' health and wellbeing and their ability to achieve, and can play a crucial part in meeting these obligations.</p> <p>The Courtyard aims to teach RSE to also meet the criteria set out in the '<i>SRE in the 21st Century Supplementary Advice</i>' produced by the PSHE Association, Brook and Sex Education Forum, supported by the Department for Education, Deputy Prime Minister and Shadow Secretary of State for Education.</p> <p>These adhere to:</p> <ul style="list-style-type: none"> <li>- the United Nations Rights of the Child.</li> <li>- meeting schools' safeguarding obligations.</li> <li>- Preparing young people for the physical and emotional changes they undergo at puberty.</li> <li>- maintaining a statutory obligation under the Children Act (2004) to promote their pupils' wellbeing, and under the Education Act (1996) to prepare children and young people for the challenges, opportunities and responsibilities of adult life.</li> </ul> <p>The Courtyard decided to become an Early Adopter school in September 2019, which means the school has started to incorporate the new statutory health, relationships and RSE guidance and requirements into the Programme of Study for PSHE education.</p> <p>All schools must teach RSE from Sept 2020. As an Early Adopter school, The Courtyard has already started to implement the curriculum by teaching RSE to all year groups. The Courtyard has designed and delivers a truly inclusive RSE curriculum, ensuring that all children and young people are supported to navigate puberty and young adulthood in a safe, healthy and responsible way.</p> <p>Our aim is to generate discussion amongst young people about health and wellbeing, relationships and living in the wider world. RSE has a key part to play in the personal, social, moral and spiritual development of young people.</p>	<p>RSE education is the school subject through which children and young people acquire the knowledge, skills and attributes they need to stay healthy, safe, and thrive now and in the future.</p> <p>A variety of teaching and learning strategies are used which encourage participation, with opportunities for pupils to develop critical thinking and relationship skills.</p> <p>During the Autumn term, learners cover the topics of healthy relationships and body image online.</p> <p>In Spring, learners explore the topics of online pornography, sexting, and the issue of cyber-bullying with an LGBT focus.</p> <p>In the Summer, learners discuss how peer pressure can happen online, and pupils will reflect on whether online life reflects real life, exploring when online content crosses the line.</p> <p>In addition to this there is clear signposting to advice and an opportunity for pupils to devise strategies to boost self-esteem.</p> <p>To be successful independent learners, pupils are given regular opportunities to reflect on and identify what they have learned, what needs to be learned next and what they need to do to continue their learning. This is managed through pupils carrying out an initial activity to demonstrate their starting point and then at the end of the topic, module or lesson, an activity is then carried out which allows them to demonstrate the progress they have made. This might involve a 'mind-map' of everything they know, think or believe and questions they have about the new topic, then at the end of the module they take a different coloured pen and revisit their original mind-map, adding to it, correcting previous misconceptions, answering their original questions and so on. This will demonstrate the progress they have made and can also be used to measure attainment against a set of success criteria identified by the teacher.</p> <p>There are many opportunities for cross-curricular work within the PAIL curriculum, including opportunities to link to PSD, PE and Science, as well as linking to British Values, and the development of Spiritual, Moral, Social and Cultural values.</p>	<p>By the end of their academic journey at The Courtyard, learners in RSE will demonstrate confidence and awareness about sex and relationships in an independent and safe way. Learners will develop a good understanding about safety and risks in relationships. Learners will be prepared for the physical and emotional changes they undergo during puberty. RSE will promote learners wellbeing and will prepare learners for the challenges, opportunities, and responsibilities of adult life. The RSE programme will have a positive impact on learners' health and wellbeing and their ability to achieve, and this will play a crucial part in meeting these obligations.</p> <p>Evidence shows that good quality RSE reduces teenage pregnancy rates, increases condom use, and decreases the incidence of non-consensual sex. We need to ensure therefore that children with disabilities and special educational needs receive comprehensive RSE that meets their needs.</p>

## PAIL Life - R.S.E. Teaching Overview

<b>Autumn Term</b> <b>PAIL The Self/Identity and Relationships</b>	<b>Spring Term</b> <b>PAIL Communication</b>	<b>Summer Term</b> <b>PAIL Our World</b>
<p><b>Identity, health and wellbeing</b></p> <p>Students will explore mental health and emotional wellbeing and how the way we feel about ourselves can affect our relationships.</p> <p>Independence group: Students will be guided to understand their identity by looking at the differences of female and male bodies, and the changes that occur during puberty. Students will be supported to create a routine to maintain health and personal hygiene.</p>	<p><b>Communication in Relationships</b></p> <p>Students will learn about the difference between healthy and unhealthy or potentially exploitative relationships and how to create and sustain good friendships and intimate relationships to enrich life and guard against isolation.</p> <p>In February, when LBGTQ History month is celebrated, students will learn about sexual and gender identities and how to tackle HBT bullying.</p> <p>Independence group: Understanding different types of relationships, behaviour in a relationship and looking at the stages of intimacy in a relationship.</p>	<p><b>Living in the wider world</b></p> <p>Students will learn how to build self-worth by reflecting on and celebrating successes and reframing setbacks or perceived failures; how to make informed decisions about different education and career pathways; and how to cope with stress.</p> <p>Students will explore values within the context of career choices</p> <p>Independence group: Students will be encouraged to continue developing independence skills, use these skills when making a decision, and in other situations such as relationships and keeping safe.</p> <p><i>In addition to this there is clear signposting to where to find advice and an opportunity for pupils to devise strategies to boost self-esteem.</i></p>