



INDEPENDENCE PATHWAY CURRICULUM MAP – 2022-2023

Subjects	SCHEME OF WORK	DESCRIPTION (OVERARCHING LEARNING OUTCOMES)	LITERACY AND KEY WORDS	FORMATIVE ASSESSMENT / FINAL PIECE
Food, cooking and budgeting	<p>Planning and cooking healthy meals 112301</p> <p>https://www.aqa.org.uk/programmes/unit-award-scheme/unit-details?unit=112301</p> <p>(Also useful reference - Unit 76247 SHOPPING IN A SUPERMARKET)</p>	<p>Demonstrated the ability to:</p> <ul style="list-style-type: none"> write a seven-day meal plan consisting of breakfast, lunch and dinner for each day - Student completed work write a shopping list for the seven-day meal plan - Student completed work prepare and cook at least two consisting of eight or more ingredients - Summary sheet evaluate either in writing or orally the final dish for each of the two recipes - Student completed work and/or Summary sheet give at least one example of how at least four different cooking methods might be used, eg steaming to cook fish - Student completed work and/or Summary sheet work independently in the kitchen - Summary sheet be responsible for cleaning and maintaining used kitchen equipment and utensils, eg knives, whisk, chopping board, cooker, hobs, oven pots, pans - Summary sheet identify the five food groups Student completed work and/or - Summary sheet identify at least three foods for each of the five different food groups - Student completed work cook a healthy dish with given ingredients <p>Shown knowledge of:</p> <ul style="list-style-type: none"> at least two personal hygiene rules which apply in the kitchen at least one cause and one symptom of food poisoning at least two ways to minimise the risk of food poisoning <p>Acquired an understanding of:</p> <ul style="list-style-type: none"> the main aspects of food hygiene procedure including preparing cooking and storing food safely, eg cooked and uncooked meat the basic nutritional values of at least one food item from each of the five groups at least two basic healthy eating guidelines including fresh fruit and vegetables within the daily diet <p>Experienced:</p> <ul style="list-style-type: none"> cooking healthy meals taking part in a group discussion on healthy lifestyles 	<p>Meal Plan Shopping list Recipe Ingredients</p>	<p>Create a visual recipe Creating a Menu Preparing and planning a meal for themselves and others</p> <p>Literacy Element: Writing for different audiences and purposes and organising ideas</p>



<p>Sex and Relationships</p>	<p>Understanding the Physical and Emotional changes of puberty 115027</p> <p>https://www.aqa.org.uk/programmes/unit-award-scheme/unit-details?unit=115027</p>	<p>Demonstrated the ability to</p> <ol style="list-style-type: none"> label two diagrams of stick people with the physical changes that occur to each sex during puberty label two diagrams with the emotional changes that happen to each sex during puberty <p>Shown knowledge of</p> <ol style="list-style-type: none"> taking part in a discussion about the similarities and differences in the physical and emotional changes that occur in males and females during puberty <p>Experienced</p> <ol style="list-style-type: none"> taking part in a discussion about what challenges young people face when changing during puberty taking part in a discussion about how young people can support each other during puberty outline how they would support a young person in a given case study, including identifying the challenges the person faces and at least two possible solutions, ways to promote a healthy body image, and where the person could get help design one top tip for other young people about coping with puberty, in no more than fifteen words. 	<p>Puberty Male Female</p>	<p>Creating a poster with a top tip for other young people about coping with puberty</p> <p>Literacy Element: Writing for different purposes, organising ideas and sharing knowledge</p>
<p>Safety</p>	<p>Stranger Awareness: How and where to ask for help 114125</p> <p>https://www.aqa.org.uk/programmes/unit-award-scheme/unit-details?unit=114125</p>	<p>Demonstrated the ability to</p> <ol style="list-style-type: none"> identify two safe strangers who they could ask for help identify how they could recognise a safe stranger <p>Shown knowledge of</p> <ol style="list-style-type: none"> two safe places they could go to if they were anxious or needed help <p>Experienced</p> <ol style="list-style-type: none"> using their mobile phone to call two people who they could ask for help asking a safe stranger for help. 	<p>Stranger Safe Awareness Trusted person Uniform</p>	<p>Creating a video Creating a poster</p> <p>Literacy Element: Delivering presentations to clarify their understanding</p>



<p>Autism Awareness</p>	<p>Knowing themselves 111868</p> <p>https://www.aqa.org.uk/programmes/unit-award-scheme/unit-details?unit=111868</p>	<p>Demonstrated the ability to</p> <ol style="list-style-type: none"> 1. identity at least two gifts and qualities they possess 2. identify three pieces of significant information about themselves 3. identify what they want to achieve in their learning journey <p>Shown knowledge of</p> <ol style="list-style-type: none"> 4. the meaning of their name, their ethnic origin and their religious background 5. what their ancestral history is <p>Experienced</p> <ol style="list-style-type: none"> 6. participation in a group discussion on the importance of self-knowledge. 	<p>Difference Awareness Self-awareness Neurodiverse ADHD Dyslexia Autism</p>	<p>All about me posters</p> <p>Video?</p> <p>Literacy Element: Delivering presentations to clarify their understanding</p>
<p>Social communication</p>	<p>smiLE module</p> <p>Lego Therapy</p> <p>With speech and language specialist Claire Harvey</p>	<p>To recognise the skills involved in social communication:</p> <ul style="list-style-type: none"> - Using kind and polite language - Using a kind tone - Using a kind face - Using appropriate volume - Looking near the person - Using open body language <p>To be able to demonstrate these social skills in multiple contexts, either in role play or through going to places such as the school office or supermarkets.</p>	<p>communication skill Body language Appropriate</p>	<ul style="list-style-type: none"> - Video: going to a shop to buy ingredients - design and building a Lego piece