

# Career Pathways

## Who are we and how can we support you?

We're Scope, the disability equality charity in England and Wales. We provide practical information and emotional support when it's most needed and campaign to create a fairer society.

Career Pathways is an independent careers advice service for young disabled people. Our career advisers will work with you to set you on the path to succeed. We can help you work out what you might like to do in your future career and what actions you can take to achieve your goals.

## What do our sessions look like?

We will contact you to introduce ourselves, decide how you'd like our sessions to take place (e.g. via Zoom, Phone, Skype etc) and arrange a time and date that works for you. During your first careers advice session with us, we will ask some questions about you, such as your name and address, school/college you attend and what your hobbies and interests are. This helps our advisers to understand what you need from us.

For this session, you don't need to be prepared – if you have any questions at all, feel free to ask your adviser at any time. Sessions usually last up to an hour and you can have up to three. At the end of this session, you and your adviser will decide if you would like to continue, and what you feel would be important to focus on. For example, this could be working on your CV or looking at college courses.

You are welcome to have anyone to join in your session, for example your parents. Make sure to let them know ahead of time so that they are prepared to join in!



If you are 16-25 and are disabled or have a mental health, health condition or impairment, get in touch with one of our advisers, Gina and Tom.

Email us at: [careerpathways@scope.org.uk](mailto:careerpathways@scope.org.uk)

You can also register your interest online:

[www.scope.org.uk/career-pathways](http://www.scope.org.uk/career-pathways)

**SCOPE** = Equality for disabled people